



**NATIONAL ACTIVE AND RETIRED FEDERAL
EMPLOYEES ASSOCIATION/MEUNIER-PERRY
CHAPTER 1015
MYRTLE BEACH, SOUTH CAROLINA
NOVEMBER 2023-ISSUE 9**

Message from President

Billie Nichols

**The next chapter meeting is
Thursday, November 9,
2023, at Damon's Grill at
11:30 a.m.**

**Guest Speakers for
November 9th Meeting are:**

**Ann Marie Usher-Marketing
Representative II, Federal
Employee Program-Blue
Cross/Blue Shield**

**Bud Jones-AETNA-Account
Manager, Federal Plans**

**Please RSVP me at:
billie.nichols1@sccoast.net
if you plan to attend this
meeting.**

**Continued: Message from the
President**

Elections Year 2024

**There will be four officer positions
up for elections in our chapter
come January 2024-President,
Vice President, Secretary, and
Treasurer. So, please think
seriously now about whether you
could take a turn as a chapter
officer.**

**Mary Brady will serve as our
Nominating Committee Chair and
Irving Rudy will assist . Outgoing
officers will be generous and show
you the ropes. So please
volunteer, and by all means talk to
one or more of us!**

More Food and Fun

**Don't forget our Holiday Party
December 14 at Jiggy's located at
5107 N. Kings Hwy, Myrtle Beach
SC.**

**Help make it more fun by
volunteering to help organize it.
See any officer for further details.**

**Legislative Officer
Morris Zupan**

LEGISLATIVE REPORT AS OF 11/3/23 (Pending Legislation)

1. Social Security Fairness Act of 2023 (H.R. 82/ S. 597)

Repeals the Windfall Elimination Provision (WEP) and Government Pension Offset (GPO).

Current Status: Per the November 2023 NARFE Magazine – House co-sponsors 293, and Senate co-sponsors 45.

January 2023 was referred to the House Ways and Means Committee.

March 2023 was referred to the Senate Finance Committee (we have asked both the National NARFE Headquarters and our NARFE to contact our representatives asking for the co-sponsorship).

House: 290 co-sponsors are needed for 25 days to get a floor vote on the Act. There are two other ‘acts’ in Congress that will eliminate WEP/GPO, but they have relatively lower co-sponsors for further movement.

H.R. 4583/S. 2280: is one of them. This one expands and strengthens social security and improves the solvency of the Social Security Trust Fund while eliminating WEP/GPO. House co-sponsors 178, and Senate co-sponsors 5.

July 2023: Referred to the House Ways and Means Committee, and July 2023 referred to the Senate Finance Committee.

2. H.R. 716: The Fair Cola (Cost of Living Adjustment) for Seniors Act:

The Act would use the Consumer Price Index for the elderly as the basis for the COLA retirement benefit. House co-sponsors 28.

3. H.R. 866: The Equal COLA Act:

The act provides equal COLA amounts for the Federal Employees Retirement System (FERS), as it does for the Civil Service Retirement System (CSRS). House co-sponsors 38.

4. Other pending Acts:

It does not directly relate to the retirees, but one is related to a government shutdown. H.R. 1301/S 640. The Act protects Federal workers and contractors from a variety of civil service financial penalties during a lapse of appropriations such as a government shutdown. House co-sponsors 2, Senate co-sponsors 16.

General status of moving 'Acts' into Bills for votes to become laws: The status is 'slow' at best. During our October 12th meeting, the House of Representatives was meeting to count votes to determine the Speaker of the House. The Speaker was not determined until two weeks later (10/25/23). During this time, no Appropriations or movement from 'Acts' into Bills were made per the NARFE weekly statement of October 30th. After three weeks of tumult, the US House of Representatives elected a new Speaker, Mike Johnson (R-LA).

Speaker Johnson's and the House's immediate actions are: Passing existing Appropriations Bills, as well as passing a budget before November 17th, most probably a continuing resolution through January 15th or April 15th, 2024. The 'Acts' listed above in our interest are really not in the 2023 picture.



Sunshine

Lynn Vos

Birthday greetings for November

Debbie Arsenault, Joyce Jones, Loretta Eastwood, Earl Eastwood, Billie Nichols, Blake Crawford, and Margaret Wicker

SUNSHINE Grins:

- . If you wanna get thinner, diminish your dinner.**
- . The best doctors in the world are Dr. Diet, Dr. Quiet and Dr. Merryman.**
- . Don't get into the water after a hearty meal. You'll never find it there.**
 - . In Hollywood, if you don't have a psychiatrist, people will think you're crazy.**
- . Honesty is the best policy but there are too few policy holders.**

GRIM Grins:

- . History continues to repeat itself.**
- . Opera is when a guy gets stabbed in the back and instead of bleeding, he sings!**
- . I know that hospital costs are out of hand, but I never thought I'd see a self-service operating table.....**
- . The weight of New York City's buildings - almost 2 trillion pounds - is making its underlying ground sink as much as .08 of an inch each year, on average. The waters surrounding the city have risen about 9 inches in the last 55 years. Yikes!**

Continued: Sunshine

Sunshine Book Report:

American Rebels (How the Hancock, Adams, and Quincy Families Fanned the Flames of Revolution)

(Nina Sankovitch)

Entertaining while educating, this book is a little bit of work but provides loads of insight into life in 'the hood' back then. Lotsa work and controversy for these friends who created their own small world to prepare us for ours. Inside look into Puritans and preachers, Tories and rebels, abolitionists and industrialists, lecturers, and poets. Very interesting photos of the families provided, as well.

Quite a chronology.

**Newsletter Editor
Billie Nichols**

**Total current Chapter members as of November 6,
2023=114**

**Total National Members in the Chapter Area as of
November 6, 2023=156**

TOTAL CHAPTER PLUS NATIONAL MEMBERS=270

**Prospective members who have indicated on the
NARFE M-112 Report and other recruiting venues interested in
joining a chapter in the Myrtle Beach area=40. No movement
as yet to become a member in Chapter 1015.**

**Many thanks to the following members from Chapter 1015,
Billie Nichols, Bill Fizet, Joe Arsenault, Debra Arsenault, Mary
Brady, Janine Bemis, and Alice Villavicencio who participated
in our recruiting efforts held at the Horry Georgetown
Technical College in October 2023 at Market Common.**

**We had approximately 12 prospective retired federal
employees who expressed an interest in joining NARFE and a
local chapter and we provided them with instructions, a
NARFE Membership Application, and a copy of the NARFE
Magazine to assist them in applying for membership.**



History of Veteran's Day

Veterans Day, originally celebrated as Armistice Day, was first issued on November 11, 1919, by President Woodrow Wilson a year after the end of World War I. The purpose of Armistice Day was to honor the fallen soldiers of the Great War for their sacrifice and bravery. Seven years later, in 1926, Congress adopted a resolution requesting that President Calvin Coolidge issue annual proclamations on November 11, making Armistice Day a legal holiday. In 1945, World War II veteran Raymond

Weeks had the idea to expand Armistice Day to celebrate all veterans rather than just the ones who died in World War I. He led a delegation to General Dwight D. Eisenhower, who was all for the idea. Weeks then organized the first Veterans Day celebration in 1945 in Alabama and every year since, until he died in 1985. In 1982, President Reagan with the Presidential Citizenship Medal honored him. Weeks was also named the 'Father of Veterans Day' by Elizabeth Dole.

In 1954, Ed Rees, the U.S. Representative from Emporia, Kansas, presented a bill to establish the holiday to Congress.

Eisenhower, who was then the president and also from Kansas, signed the bill into law on **May 26, 1954, eight and a half years after Raymond Weeks held the first Veterans Day. After having been through both World War II and the Korean War, the 83rd U.S. Congress — at the urge of the veterans' service organizations — amended the Act of 1938 by striking out the word 'Armistice' and inserting the word 'Veterans.' With the approval of this legislation on **June 1**, 1954, **November 11** became a day to honor American veterans of all wars. **(SPOUSES INCLUDED)****

THANK YOU FOR YOUR SERVICE

W- A- L- K- I- N- G

Walking is a great way to get fit: It improves circulation and mobility, promotes weight loss, and even helps reduce stress. And there's no better time to begin a walking routine than right now.

These quick tips will put an extra spring in your step.

- **Stretch for 5-10 minutes before and after every walk.**
- **Keep a good posture. Gaze forward, not down at the ground, with your chin level and head up.**
- **Stay hydrated by drinking 8 ounces of water before you begin your walk.**
- **Wear shoes designed for walking for greater comfort and injury prevention.**
- **Your walks don't have to be long and strenuous to be beneficial. A walk to the store or through the mall counts too.**

Loosen Up with Gentle, Simple

S-T-R-E-T-C-H-E-S

Before you start walking, it is very important to stretch your muscles effectively.

Proper stretching not only will increase your flexibility and minimize your chances of pulling a muscle, but it will also improve your stride and fluidity.

By following this simple routine, you can become loose and limber in a few minutes.

Perform all stretches slowly with controlled movements for 10-20 seconds taking slow deep breaths. Do not bounce or stretch to the point of pain.

THESE ARE ACTUAL NEWSPAPER ADS!

FREE YORKSHIRE TERRIER. 8 years old. Hateful little dog. Bites

FREE PUPPIES: 1/2 Cocker Spaniel, 1/2 sneaky neighbor's dog.

FREE PUPPIES... Part German

Shepherd, part stupid dog

**FOUND DIRTY WHITE DOG. Looks like a rat... been out awhile...better be a
reward.**

**NORDIC TRACK \$300 Hardly used, call
Chubby**

**GEORGIA PEACHES, California grown
- 89 cents lb.**

JOINING NUDIST COLONY! Must sell washer and dryer for \$300

**WEDDING DRESS FOR SALE. WORN ONCE BY MISTAKE
Call Stephanie.**

**FOR SALE BY OWNER: Complete set of Encyclopedia Britannica.
45 volumes. Excellent condition. \$1,000 or the best offer.
No longer needed, got married last month. The wife knows
everything.**